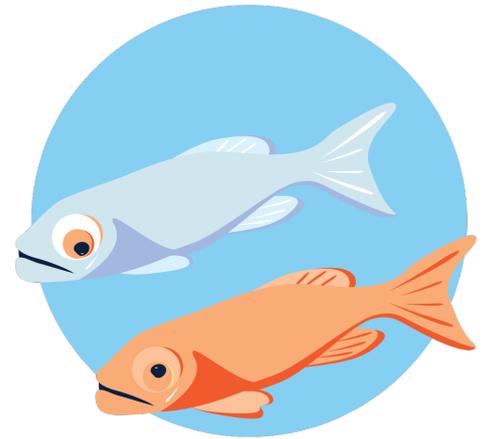


# Beach Clean-Up

## for animals guide

**Doing your own beach clean-up is really simple but there are some important things to remember first!**

- Check the weather before you go to the beach and dress for the conditions. If it's cold, wear warm clothes if it's hot, wear a hat, t-shirt and lots of sunblock.
- Always wear sturdy shoes.
- Use gloves for picking up rubbish.
- Bring something to put the rubbish in (a box or bag).
- Have a parent or supervisor come with you.
- Look out for all the hazards in our Risks and Hazards table below and use the Control Measures to reduce the risks.



### How do you clean up a beach?

Doing a beach clean-up is really easy; you just need to go to a beach and pick up all the rubbish you can find.

Beach clean-ups are even more effective if you can get a group of friends, family or both to help you.

It's best to do your beach clean-up at a time when fewer people are on the beach.

That way you can clean up all the spots where there is the most rubbish and be super effective.

Separate any of the rubbish you find that can be recycled. Recyclables can go into a public bin or your home recycling bin. If you find any large or dangerous items during your clean-up, contact your local Council for assistance.

**Now you can start your beach clean-up  
and make a difference for animals!**

**AnimalSquad** 

<https://safeanimalsquad.org.nz/>

# Risks and Hazards

Risk/Hazard	Risk Rating	Pre, During or Post event risk?	Control Measure	Risk level with control measure in place
Drowning or being swept out to sea	Medium	During	Extra vigilance near water. Keep groups higher on the beach and away from water. Clean-up to be carried out around low tide.	Low
Cuts or other injuries from contact with rubbish	Medium	During	Briefing before the activity on hazards in the environment. Gloves for picking up rubbish. Have someone with first aid knowledge present.	Low
Allergies to plants and insects	Low	During	Briefing before the activity on hazards in the environment and directing participants to the first aid person in the event of an accident.	Low
Injury by vehicle	Low	Pre, during, post	Keep activity away from major vehicle routes.	Low
Illness or infection from sand or rubbish	Low	During	Briefing before the activity on hazards in the environment. Gloves for picking up rubbish. Participants directed to the first aid person in the event of an accident.	Low
Sun exposure and sunburn	High	Pre, during, post	Check the weather before you go to the beach and dress for the conditions. For hot weather, wear a hat, t-shirt, sturdy shoes and lots of sunblock.	Low
Exposure to cold	High	Pre, during, post	Check the weather before you go to the beach and dress for the conditions. For cold weather, wear warm clothes and sturdy shoes.	Low
Collisions with other beach-goers	High	During	Keep activity away from major thoroughfare routes. Conduct the clean-up at a time where there are fewer people on the beach.	Low
Injury from beach-goers' sporting equipment, etc.	High	During	Keep activity away from major areas of other beach activity. Conduct the clean-up at a time where there are fewer people on the beach.	Low
Sand in eyes	Medium	During	Check wind conditions before the clean-up. Cancel if it is too windy or wear safety glasses.	Low
Psychological damage - fear of water, sea creatures etc.	Low	During	Keep group together and brief on what participants might encounter. Clearly label the event as a beach clean-up and around water.	Low